



2019 December

December is Read a New Book Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 1-Meatloaf w/Gravy Dinner roll 2-Corn Dog 3-Ham & Cheese Sand 4- Ham/Turkey Chef Salad w/Dinner Roll Corn Fresh Broccoli Mixed Fruit	3 1 French Toast Sticks w/Syrup 2- Cheeseburger on a Bun 3-Turkey & Cheese Sand 4- Sunbutter & Jelly Sand Green Beans Red Pepper Strips Diced Pears	4 1-Orange Popcorn Chicken w/Lomein 2-Chicken Patty Sandwich 3-Ham & Cheese Sand 4- Chicken Caesar Salad w/Dinner Roll Sliced Carrots Fresh Zucchini Diced Peaches	5 Lucky Tray Day 1-Sloppy Joe Melt 2-Hot Dog 3-Turkey & Cheese Sand 4- Sunbutter & Jelly Sand Black Beans Celery Sticks Applesauce	6 1-Cheese Pizza 2-Toasted Cheese Sandwich Tomato Soup 3-Turkey & Swiss Sand 4-Turkey Chef Salad w/Dinner Roll Spinach Fresh Baby Carrots Diced Peaches	<p>All menus meet or exceed current USDA or state-specific Dietary Guidelines for the Healthy, Hunger-Free Kids Act.</p> <p>Offered Daily: Fresh Fruit or vegetables.</p> <p>Milk Served Daily Skim Chocolate Skim White 1% White Milk A la carte: \$.50</p> <p>Student Lunch: \$2.85</p> <p>Adult Lunch: \$3.25</p> <p>Our Pizzas are Tony's "SMART" pizza – 25% lower in fat with whole grain crust</p> <p>WG – Whole Grain</p> <p>Romaine Salads served with Ranch Dressing</p> <p>Items listed with a red * may contain Pork.</p> 
9 1-Spicy Vegetable Flatbread Pizza 2-Chicken Patty Sandwich 3-Ham & Cheese Sand 4- Ham/Turkey Chef Salad w/Dinner Roll Green Beans Fresh Broccoli Mixed Fruit	10 Early Dismissal No Service	11 Lucky Tray Day 1-Cheese Pizza 2- Hot Dog 3-Ham & Cheese Sand 4- Chicken Caesar Salad w/Dinner Roll Green Beans Fresh Zucchini Diced Peaches	12 1-Bosco Sticks w/Marinara Sauce 2-Chicken Nuggets w/Dinner Roll 3-Turkey & Cheese Sand 4- Sunbutter & Jelly Sand Kickin' Pinto Beans Celery Sticks Applesauce	13 1-Cheese Pizza 2- Fish Sticks w/Mac Veg Salad 3-Ranch Chicken Wrap 4- Popcorn Chicken Salad w/Dinner Roll Steamed Broccoli Fresh Baby Carrots Diced Peaches	
16 1- Chicken Patty Sandwich 2-Meatball Sub 3-Ham & Cheese Sand 4- Ham/Turkey Chef Salad w/Dinner Roll Corn Fresh Broccoli Mixed Fruit	17 Lucky Tray Day 1-Diced Chicken Nachos 2- Chicken Nuggets w/Dinner Roll 3- Turkey & Cheese Sand 4- Sunbutter & Jelly Sand Peas Red Pepper Strips Diced Pears	18 1-Cheese Pizza 2- Macaroni & Cheese 3-Ham & Cheese Sand 4- Chicken Caesar Salad w/Dinner Roll Swt Potato Fries Fresh Zucchini Diced Peaches	19 1-Turkey with Gravy w/Dinner Roll 2-Spicy Chicken Patty Sandwich 3-Turkey & Cheese Sand 4- Sunbutter & Jelly Sand Mashed Potatoes Celery Sticks Applesauce	20 1-Cheese Pizza 2-BBQ Riblet* Sandwich 3- Turkey & Swiss Sand 4- Popcorn Chicken Salad w/Dinner Roll Spinach Fresh Baby Carrots Diced Peaches	
23 	24 	25 Winter Break No School	26 	27 	
30 Winter Break No School	31 	Happy New Year		Treat Yourself Right	

Center Cass Elementary Schools

EAT A VARIETY OF FRUITS & VEGETABLES EVERY DAY

Part time positions open

If you are interested in working part time during the school year please log into www.aramark.com and open the careers tab to review available positions in Center Cass or call Nichole at 630-964-0267.



Menus are subject to change without notice.

This institution is an equal opportunity provider.

Center Cass School District 66
December Elementary School Menu

Menu Items with Carb. Counts

Items served as a regular part of the daily menu: **Elementary School**

Oranges - 15.7
Apples - 15.4
1% White Milk - 13.0
Skim Chocolate Milk - 24.0
Skim Milk - 13.0

Menu Items: **Elementary School**

Meatloaf w/Gravy - 7.0
Corn Dog - 27.0
Ham and Cheese Sandwich - 23.8
Ham/Turkey Chef Salad - 5.2
French Toast Sticks - 28.2
Cheeseburger on a Bun - 30.4
Turkey and Cheese Sandwich - 27.5
Sunbutter and Jelly Sandwich - 63.7
Orange Popcorn Chicken w/Broccoli - 38.7
Lomein - 50.7
Chicken Patty Sandwich - 43.3
Chicken Caesar Salad - 12.4
Sloppy Joe Melt - 34.9
Hot Dog on a Bun - 31.1
Cheese Pizza - 43.9
Toasted Cheese Sandwich - 27.4
Tomato Soup - 20.0
Turkey & Swiss Sandwich - 32.0
Turkey Chef Salad - 4.9
Spicy Vegetable Flatbread Pizza - 38.7
Bosco Sticks w/Marinara Sauce - 34.2
Chicken Nuggets - 15.0
Fish Sticks - 19.0
Ranch Chicken Wrap - 29.9
Popcorn Chicken Salad - 12.0
Meatball Sub - 37.5
Diced Chicken Nachos - 20.2
Mac & Cheese - 53.1
Roast Turkey & Gravy - 5.3
Spicy Breaded Chicken Sandwich - 38.5
BBQ Riblet Sandwich - 44.6

Starch, Vegetables, Fruit and Condiments:

Peas - 10.1	Fresh Carrots - 1.0	Diced Pears - 14.2
Green Beans - 3.5	Fresh Celery - .3	Pineapple Chunks - 14.7
Corn - 14.3	Fresh Cucumbers - 2.7	Sliced Peaches - 11.0
Carrots - 5.0	Fresh Broccoli - 1.7	Mixed Fruit - 11.5
Baked Beans - 29.1	BBQ Sauce Pkt. - 3.0	Applesauce - 21.5
Oven Potatoes - 21.8	Mayo Pkt. - .2	Sliced Apples - 15.4
Brown Rice - 35.0	Mustard Packet - .5	Ketchup Pkt. - 2.3
Corn on the Cob - 29.3	Salsa - 2.0	Ranch Dressing - 8.1
Mashed Potatoes - 19.3	Gravy - 6.3	Mexican Rice - 22.6
Tater Tots - 13.6	Romaine Lettuce - .4	Tomato Wedges - 4.1
Dinner Roll - 13.0	Wheat Bread - 11.9	Saltine Crackers (2) - 4.0
Campfire Beans - 29.7	Vegetarian Baked Beans - 29.0	Pinto Beans - 24.9
Apple Juice - 14.0	Orange Juice - 13.0	Fruit Punch - 14.0